Stage 4 Waltham Cross - Stevenage (Sat 20th Jun)



Start :	**Waltham Cross, High Street**
Neutralised section :	**6.7km**
Stage Distance :	**103.8 km or 64.5 miles**
Finish :	**Stevenage, High Street**

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed / Duration	Lead Cars 15mins 02:59	34 110% 03:03	37 100% 02:46	42 90% 02:29	ETA Range
6.70	**0.00**	**4.10**	**0.00**	**Start Neutralised**		**TBC**	38	09:45	10:00	**10:00**	10:00	
0.00	**103.8**	**0.00**	**64.5**	**Start Proper**		**A1170 High Road Broxbourne (outside Broxbourne School)**	**38**	**10:00**	**10:15**	**10:15**	**10:15**	**00:00**
0.1	**103.7**	0.1	64.5	R/about	2nd Exit	A1170 High Road Broxbourne	38	10:00	10:15	**10:15**	10:15	00:00
0.7	**103.1**	0.4	64.1	T.Lights	Straight	A1170 High Road Broxbourne	38	10:01	10:16	**10:16**	10:16	00:00
1.3	**102.5**	0.8	63.7	Sign		**Hoddesdon**	38	10:02	10:17	**10:17**	10:16	00:00
1.9	**101.9**	1.2	63.4	M R/about	2nd Exit	A1170	38	10:03	10:18	**10:18**	10:17	00:00
2.4	**101.4**	1.5	63.1	R/about	2nd Exit	A1170 Charlton Way	38	10:03	10:19	**10:18**	10:18	00:00
2.7	**101.1**	1.7	62.9	R/about	2nd Exit	A1170	38	10:04	10:19	**10:19**	10:18	00:00
2.8	**101.0**	1.7	62.8	R/about	1st Exit	A1170 Dinant Link Road	38	10:04	10:19	**10:19**	10:18	00:00
3.2	**100.6**	2.0	62.6	R/about	3rd Exit	A1170 Amwell Street	38	10:05	10:20	**10:20**	10:19	00:01
3.4	**100.4**	2.1	62.4	R/about	1st Exit	B1197 Hertford Road	38	10:05	10:20	**10:20**	10:19	00:01
5.9	**97.9**	3.7	60.9	Sign		**Hertford Heath**	38	10:09	10:25	**10:24**	10:23	00:01
8.6	**95.2**	5.3	59.2		Keep Right		38	10:13	10:29	**10:28**	10:27	00:02
8.7	**95.1**	5.4	59.1	R/about	1st Exit	A414 London Road	38	10:13	10:30	**10:28**	10:27	00:02
9.5	**94.3**	5.9	58.6	R/about	1st Exit	A414 Gascoyne Way	38	10:15	10:31	**10:30**	10:28	00:03
9.9	**93.9**	6.2	58.4	R/about	3rd Exit	B158 The Wash	38	10:15	10:32	**10:30**	10:29	00:03
10.4	**93.4**	6.5	58.1	T.Lights	Straight	B158 Old Cross	38	10:16	10:33	**10:31**	10:29	00:03
10.8	**93.0**	**6.7**	**57.8**	**Strava QoM 1**	**Start**	**Outside Oaks Vets Practice**	**38**	**10:17**	**10:33**	**10:32**	**10:30**	**00:03**
11.4	**92.4**	**7.1**	**57.5**	**Strava QoM 1**	**Finish**	**Opposite Trinity Close**	**38**	**10:18**	**10:34**	**10:33**	**10:31**	**00:03**
11.9	**91.9**	7.4	57.1	M R/about	2nd Exit	B158 Wadesmill Road	38	10:18	10:35	**10:33**	10:31	00:03
13.9	**89.9**	8.6	55.9	X.Roads	Straight	B158 Wadesmill Road	38	10:21	10:39	**10:36**	10:34	00:04
14.8	**89.0**	9.2	55.3	R/about	2nd Exit	B158 Anchor Lane	38	10:23	10:40	**10:38**	10:36	00:04
16.9	**86.9**	10.5	54.0	Sign		**Wadesmill**	38	10:26	10:44	**10:41**	10:39	00:05
17.3	**86.5**	10.8	53.8	M R/about	2nd Exit		38	10:27	10:45	**10:42**	10:39	00:05
18.0	**85.8**	11.2	53.4	Junction	Left	Cold Christmas Lane	38	10:28	10:46	**10:43**	10:40	00:05
19.2	**84.6**	11.9	52.6		Keep Left		38	10:30	10:48	**10:45**	10:42	00:06
20.1	**83.7**	12.5	52.0	Sign		**Cold Christmas**	38	10:31	10:49	**10:46**	10:43	00:06
23.3	**80.5**	14.5	50.1	X.Roads	Right		38	10:36	10:55	**10:51**	10:48	00:07
26.4	**77.4**	16.4	48.1	T.Junction	Left	B1004 Tower Hill	38	10:41	11:00	**10:56**	10:52	00:08
28.0	**75.8**	17.4	47.1	Junction	Left	Bromley Lane	38	10:44	11:03	**10:59**	10:54	00:08
31.1	**72.7**	19.3	45.2		Keep Left	Hadham Road	38	10:49	11:09	**11:04**	10:59	00:09
31.8	**72.0**	19.8	44.8	Sign		**Standon**	38	10:50	11:10	**11:05**	11:00	00:10
32.2	**71.6**	20.0	44.5		Keep Right	High Street	38	10:50	11:10	**11:05**	11:00	00:10
32.6	**71.2**	20.3	44.3	T.Junction	Left	A120 Stortford Road	38	10:51	11:11	**11:06**	11:01	00:10
32.8	**71.0**	20.4	44.2	Junction	Right	Station Road	38	10:51	11:11	**11:06**	11:01	00:10
33.6	**70.2**	20.9	43.7		Keep Right	Station Road	38	10:53	11:13	**11:08**	11:02	00:10
34.0	**69.8**	21.1	43.4		Keep Left	Station Road	38	10:53	11:14	**11:08**	11:03	00:10
34.0	**69.8**	21.1	43.4	Junction	Right	High Street	38	10:53	11:14	**11:08**	11:03	00:10
34.5	**69.3**	21.5	43.1	T.Junction	Right	B1368 Station Road	38	00:00	11:14	**11:09**	11:04	00:10
35.0	**68.8**	21.8	42.8	Sign		**Braughing**	38	10:55	11:15	**11:10**	11:04	00:11
37.1	**66.7**	23.1	41.5	Sign		**Hay Street**	38	10:58	11:19	**11:13**	11:07	00:11

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Stage Distance :	**103.8 km or 64.5 miles**
Finish :	**Stevenage, High Street**

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars 15mins	34 110%	37 100%	42 90%	ETA Range
38.0	**65.8**	23.6	40.9	Sign		**Dassels**	38	11:00	11:21	**11:15**	11:09	00:12
40.2	**63.6**	25.0	39.5	Junction	Right	Worsted Lane	38	11:03	11:24	**11:18**	11:12	00:12
41.1	**62.7**	25.6	39.0	Junction	Right	dir Little Hormead	38	11:04	11:26	**11:19**	11:13	00:12
44.2	**59.6**	27.5	37.1	Sign		**Furneux Pelham**	28	11:09	11:31	**11:24**	11:17	00:13
46.7	**57.1**	29.0	35.5	Junction	Left	Ginns Road	28	11:15	11:37	**11:30**	11:22	00:15
48.1	**55.7**	29.9	34.6	Junction	Left	High Street	38	11:18	11:40	**11:33**	11:25	00:15
50.2	**53.6**	31.2	33.3		Fork Left	B1038 dir Brent Pelham	38	11:21	11:44	**11:36**	11:28	00:16
50.2	**53.6**	31.2	33.3	T.Junction	Left	B1038	38	11:21	11:44	**11:36**	11:28	00:16
50.7	**53.1**	31.5	33.0	Sign		**Brent Pelham**	38	11:22	11:45	**11:37**	11:29	00:16
51.7	**52.1**	32.1	32.4		Keep Right		38	11:23	11:47	**11:38**	11:30	00:16
53.3	**50.5**	33.1	31.4		Keep Left	Mill Lane	38	11:26	11:50	**11:41**	11:32	00:17
55.9	**47.9**	34.8	29.8	Sign		**Anstey**	38	11:30	11:54	**11:45**	11:36	00:18
56.7	**47.1**	35.3	29.3		Keep Left	Hare Street	38	11:31	11:55	**11:46**	11:37	00:18
57.7	**46.1**	35.9	28.7		Keep Right		38	11:33	11:57	**11:48**	11:38	00:18
59.0	**44.8**	36.7	27.9	T.Junction	Right	B1368 dir Barkway	38	11:35	11:59	**11:50**	11:40	00:19
59.0	**44.8**	**36.7**	**27.9**		**Feed**	**Start after Junction**	**38**	**11:35**	**11:59**	**11:50**	**11:40**	**00:19**
61.9	**41.9**	38.5	26.1	Sign		**Barkway**	38	11:39	12:04	**11:54**	11:44	00:19
62.1	**41.7**	**38.6**	**25.9**	**CRC Sprint 1**		**High Street, Barkway**	**38**	**11:40**	**12:05**	**11:55**	**11:45**	**00:20**
63.2	**40.6**	39.3	25.2		Keep Right		38	11:41	12:07	**11:56**	11:46	00:20
65.6	**38.2**	40.8	23.8	Sign		**Barley**	28	11:45	12:11	**12:00**	11:50	00:21
66.3	**37.5**	41.2	23.3		Keep Left		28	11:47	12:13	**12:02**	11:51	00:21
66.7	**37.1**	41.5	23.1		Fork Left	B1039 Bakers Lane	28	11:48	12:13	**12:03**	11:52	00:21
67.0	**36.8**	41.7	22.9	Junction	Left		38	11:48	12:14	**12:03**	11:52	00:21
70.0	**33.8**	43.5	21.0		Keep Right	B1039	38	11:53	12:19	**12:08**	11:57	00:22
70.1	**33.7**	43.6	21.0	Sign		**Royston**	38	11:53	12:20	**12:08**	11:57	00:22
71.6	**32.2**	44.5	20.0	T.Junction	Left	A10 Barkway Street	38	11:56	12:22	**12:11**	11:59	00:23
71.7	**32.1**	44.6	20.0		Keep Right	A10	38	11:56	12:22	**12:11**	11:59	00:23
71.9	**31.9**	44.7	19.8		Keep Left	A10 Priory Lane	38	11:56	12:23	**12:11**	11:59	00:23
72.1	**31.7**	44.8	19.7	R/about	1st Exit	Melbourn Street	38	11:56	12:23	**12:11**	12:00	00:23
72.4	**31.4**	45.0	19.5	T.Lights	Straight	Baldock Street	38	11:57	12:24	**12:12**	12:00	00:23
72.5	**31.3**	45.1	19.5	M R/about	2nd Exit	Baldock Street	38	11:57	12:24	**12:12**	12:00	00:23
72.6	**31.2**	**45.1**	**19.4**	**CRC Sprint 2**		**Outside Health Sports Centre**	**38**	**11:57**	**12:24**	**12:12**	**12:00**	**00:23**
74.3	**29.5**	46.2	18.3	Junction	Left		38	12:00	12:27	**12:15**	12:03	00:24
74.3	**29.5**	**46.2**	**18.3**	**Strava QoM 2**	**Start**	**after junction**	**38**	**12:00**	**12:27**	**12:15**	**12:03**	**00:24**
75.2	**28.6**	**46.8**	**17.8**	**Strava QoM 2**	**Finish**	**Outside "The Greys"**	**38**	**12:01**	**12:28**	**12:16**	**12:04**	**00:24**
77.0	**26.8**	47.9	16.7	Sign		**Therfield**	38	12:04	12:32	**12:19**	12:07	00:24
78.3	**25.5**	48.7	15.9		Fork Right	Rooks Nest Lane	38	12:06	12:34	**12:21**	12:08	00:25
79.7	**24.1**	49.6	15.0		Keep Right		38	12:08	12:36	**12:23**	12:10	00:25
81.0	**22.8**	50.4	14.2	Junction	Right	Sandon Road	38	12:10	12:38	**12:25**	12:12	00:26
82.9	**20.9**	51.6	13.0	T.Junction	Right		38	12:13	12:42	**12:28**	12:15	00:26
83.4	**20.4**	51.9	12.7	Sign		**Sandon**	60	12:14	12:43	**12:29**	12:16	00:26

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Finish :	**Stevenage, High Street**

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars 15mins	34 110%	37 100%	42 90%	ETA Range
83.7	**20.1**	52.0	12.5		Keep Left		60	12:14	12:43	**12:29**	12:16	00:27
84.1	**19.7**	52.3	12.3		Keep Left	Rushden Road	38	12:15	12:43	**12:30**	12:16	00:27
86.5	**17.3**	53.8	10.8	T.Junction	Left	dir Wallington	38	12:19	12:48	**12:34**	12:20	00:27
87.0	**16.8**	54.1	10.4	Sign		**Redhill**	38	12:19	12:48	**12:34**	12:20	00:27
87.9	**15.9**	54.7	9.9		Keep Right		38	12:21	12:50	**12:36**	12:22	00:28
88.4	**15.4**	55.0	9.6	Sign		**Rushden**	38	12:22	12:51	**12:37**	12:22	00:28
90.1	**13.7**	56.0	8.5	Junction	Right		38	12:24	12:54	**12:39**	12:25	00:28
91.9	**11.9**	57.1	7.4	Sign		**Cromer**	38	12:27	12:57	**12:42**	12:27	00:29
92.0	**11.8**	57.2	7.3	T.Junction	Right	B1037	38	12:27	12:57	**12:42**	12:28	00:29
94.1	**9.7**	58.5	6.0		Keep Right	B1037	38	12:31	13:01	**12:46**	12:31	00:30
94.9	**8.9**	59.0	5.5		Keep Right	B1037 Stevenage Road	38	12:32	13:02	**12:47**	12:32	00:30
97.1	**6.7**	60.4	4.2	R/about	2nd Exit	Fairlands Way	38	12:35	13:06	**12:50**	12:35	00:31
97.1	**6.7**	60.4	4.2	Sign		**Stevenage**	38	12:35	13:06	**12:50**	12:35	00:31
98.4	**5.4**	61.2	3.4	R/about	2nd Exit	Verity Way	38	12:37	13:08	**12:52**	12:37	00:31
98.7	**5.1**	61.4	3.2	M R/about	1st Exit	Verity Way	38	12:38	13:09	**12:53**	12:37	00:31
99.1	**4.7**	61.6	2.9	M R/about	1st Exit	Vardon Road	38	12:39	13:09	**12:54**	12:38	00:31
99.9	**3.9**	62.1	2.4	T.Junction	Left	Grace Way	38	12:40	13:11	**12:55**	12:39	00:32
100.1	**3.7**	62.2	2.3	Junction	Right	Almonds Lane	38	12:40	13:11	**12:55**	12:39	00:32
100.1	**3.7**	62.2	2.3		Keep Right	Almonds Lane	38	12:40	13:11	**12:55**	12:39	00:32
100.9	**2.9**	62.7	1.8		Keep Left	Rectory Lane	38	12:41	13:13	**12:56**	12:40	00:32
101.7	**2.1**	63.2	1.3	T.Lights	Left	B197 North Road	38	12:43	13:14	**12:58**	12:41	00:32
102.4	**1.4**	63.7	0.9		Keep Left	High Street	38	12:44	13:15	**12:59**	12:42	00:32
102.4	**1.4**	63.7	0.9	T.Lights	Left	High Street	38	12:44	13:15	**12:59**	12:42	00:32
102.6	**1.2**	63.8	0.7		Keep Left	High Street	38	12:44	13:16	**12:59**	12:43	00:32
102.6	**1.2**	63.8	0.7	Junction	Left	High Street	38	12:44	13:16	**12:59**	12:43	00:32
102.7	**1.1**	63.9	0.7	M R/about	1st Exit	Walkern Road	38	12:44	13:16	**12:59**	12:43	00:32
102.8	**1.0**	63.9	0.6	M R/about	3rd Exit	Church Lane	38	12:44	13:16	**12:59**	12:43	00:32
103.3	**0.5**	64.2	0.3	T.Lights	Right	High Street	38	12:45	13:17	**13:00**	12:44	00:33
103.3	**0.5**	64.2	0.3	M R/about	2nd Exit	High Street	38	12:45	13:17	**13:00**	12:44	00:33
103.8	**0.0**	**64.5**	**0.0**	**Finish**		**High Street**	**38**	**12:46**	**13:18**	**13:01**	**12:44**	**00:33**